

*Ruth's Skin Care*  
los angeles since 1985



*tel: 310.652.5220*

**HONEY AND ALMOND SCRUB** – All Skin Types - \$15

Out Skin – 2 oz.

A favorite deep cleansing and mild exfoliating scrub of both estheticians and clients alike. An excellent at home scrub or mask to be used between salon visits. The ingredients contained in this unique scrub include almond and corn meal, Zinc Oxide, honey and aloe. The almond and corn meal give this scrub its grainy consistency which helps slough off accumulated dead skin cells and remove imbedded impurities (blackheads). The Zinc Oxide disinfects the skin while the honey and aloe soften and hydrate the new emerging skin.

**Directions:**

After cleansing BUT BEFORE toning moisten hands with warm water. Take a fair amount of the Honey and Almond Scrub spread between hands and apply onto face using the entire hand in upward and outward motions. When face has been covered with Honey and Almond scrub (except the eye area) special attention should now be given to any area of the face that has blackheads, enlarged pores and excessive oiliness. Using only the fingertips massage with small circular movements for one to two minutes. For an at home mini-facial the Honey and Almond Scrub can now be rinsed off with warm water and followed by a mask suitable for your skin type.

When being used only as a scrub, after thorough rinsing, follow with toning lotion and moisturizer.